

SWEET CORN

Nutrition Facts 5 servings per container Serving size 1 ear Calories per serving 58	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*		
	Total Fat	.5g	1%	Total Carbohydrate	14.1g	5%
	Saturated Fat	0.1g	0%	Dietary Fiber	1.8g	7%
	Trans Fat	0g		Total Sugars	2.3g	
	Cholesterol	0mg	0%	Includes 0g of Added Sugars		0%
	Sodium	2.5mg	0%	Protein	2g	
	Vitamin D 0mcg 0% • Calcium 0 mg 0% • Iron 2% • Potassium 158.1mg 5%					

INGREDIENTS: SWEET CORN.

CORN DOGS

Nutrition Facts 6 servings per container Serving size 1 corn dog Calories per serving 220	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*		
	Total Fat	11g	16%	Total Carbohydrate	24g	8%
	Saturated Fat	2.5g	14%	Dietary Fiber	<1g	2%
	Trans Fat	0g		Total Sugars	9g	
	Cholesterol	30mg	9%	Includes 0g of Added Sugars		0%
	Sodium	610mg	26%	Protein	6g	
	Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 1.1mg 8%					

INGREDIENTS: BATTER INGREDIENTS: WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, DEGERMED YELLOW CORN MEAL, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOUL FLOUR, SOYBEAN OIL, DRIED HONEY, ONION POWDER, SOY LECITHIN, NONFAT MILK, EGG, COOKED IN VEGETABLE OIL (CONTAINS ONE OF MORE OF: CORN OIL, COTTONSEED OIL, SOYBEAN OIL), FRANK INGREDIENTS: MECHANICALLY SEPARATED CHICKEN, PORK, WATER, DEXTROSE, SALT, OLEORESIN, SODIUM ERYTHORBATE, SODIUM NITRATE.
CONTAINS: WHEAT, SOY, MILK, EGG.

CHEESE CURDS

Nutrition Facts 5 servings per container Serving size About 5 pieces Calories per serving 318	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*		
	Total Fat	16g	25%	Total Carbohydrate	27g	9%
	Saturated Fat	9g	45%	Dietary Fiber	1g	3%
	Trans Fat	1g		Total Sugars	2g	
	Cholesterol	47g	16%	Includes 0g of Added Sugars		0%
	Sodium	1173mg	49%	Protein	15g	
	Vitamin D 0.3 mcg 3% • Calcium 352 mg 35% • Iron .8mg 5% • Potassium 85mg 2%					

INGREDIENTS: NATURAL WHITE CHEDDAR CHEESE CURDS (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES). BATTERED WITH WATER, WHEAT FLOUR, YELLOW CORN FLOUR, DEXTROSE, NONFAT DRY MILK, DRIED EGG WHITES, ISOLATED SOY PROTEIN, GARLIC POWDER, SALT. BREADED WITH UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SALT, YEAST, CARMEL COLOR, YELLOW CORN FLOUR, AND COLORED WITH EXTRACTIVES OF PAPRIKA AND ANNATTO. BREADED WITH BLEACHED WHEAT FLOUR, YEAST, SUGAR, AND SALT. BREADED WITH BLEACHED WHEAT FLOUR, SALT, WHEY, CANOLA OIL. PARFRIED WITH FULLY REFINED SOYBEAN OIL. DIMETHYLPOLYSILOXANE, AN ANTI-FOAM AGENT, ADDED. WITH TBHQ ANTI-OXIDANT ADDED TO PRESERVE FRESHNESS.
CONTAINS: WHEAT, MILK, EGG, SOY

FRENCH FRIES

Nutrition Facts 6 servings per container Serving size 3 oz (85g) Calories per serving 110	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*		
	Total Fat	3.5g	4%	Total Carbohydrate	18g	7%
	Saturated Fat	0g	0%	Dietary Fiber	2g	7%
	Trans Fat	1.5g		Total Sugars	0g	
	Cholesterol	0mg	0%	Includes 0g of Added Sugars		0%
	Sodium	30mg	1%	Protein	2g	
	Not a significant source of cholesterol, vitamin D, calcium, iron and potassium.					

INGREDIENTS: POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN). CONTAINS 2% OR LESS OF DEXTROSE, SODIUM ACID PYROPHOSPHATE ADDED TO MAINTAIN NATURAL COLOR.

MINI DONUTS

Nutrition Facts 18 servings per container Serving size 2 donuts Calories per serving 110	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*		
	Total Fat	6g	7%	Total Carbohydrate	13g	5%
	Saturated Fat	0.5g	3%	Dietary Fiber	0g	0%
	Trans Fat	0g		Total Sugars	5g	
	Cholesterol	0mg	0%	Includes 5g of Added Sugars		10%
	Sodium	170mg	7%	Protein	2g	
	Vitamin D 0mcg 0% • Calcium 0 mg 0% • Iron .5mg 2% • Potassium 10mg 0%					

INGREDIENTS: ENRICHED WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL, SOY FLOUR, CONTAINS 2% OR LESS OF: SKIM MILK POWER, SODIUM ACID PYROPHOSPHATE, DEXTROSE, SALT, SODIUM BICARBONATE, ARTIFICIAL FLAVOR, SOYA LECITHIN, SODIUM CASEINATE, PRESERVATIVES (SODIUM PROPIONATE, POTASSIUM SORBATE), XANTHAN GUM, SPICE, MONOGLYCERIDE, TARTRAZINE, DRIED ALBUMEN (EGG WHITE, YEAST AND CITRIC ACID).
CONTAINS: WHEAT, MILK, EGG, SOY
MAY CONTAIN: COCONUT

SWEET MARTHA'S COOKIES

Nutrition Facts 24 servings per container Serving size 1 cookie Calories per serving 90	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*		
	Total Fat	4.5g	6%	Total Carbohydrate	13g	5%
	Saturated Fat	2g	10%	Dietary Fiber	0g	1%
	Trans Fat	0g		Total Sugars	8g	
	Cholesterol	10mg	3%	Includes 8g of Added Sugars		16%
	Sodium	70mg	3%	Protein	1g	
	Vitamin D 0mcg 0% • Calcium 6 mg 0% • Iron 0mg 1% • Potassium 29mg 0%					

INGREDIENTS: ENRICHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTED BARLEY FLOUR), CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN [ADDED AS AN EMULSIFIER], ARTIFICIAL FLAVOR ADDED), SUGAR, VEGETABLE SHORTENING (SOYBEAN OIL AND FULLY HYDROGENATED SOYBEAN OIL), BROWN SUGAR, WATER, PASTEURIZED WHOLE EGG SOLIDS (WHOLE EGG SOLIDS, SODIUM SILICO ALUMINATE [PROCESSING AID]), SALT, BAKING SODA, NATURAL AND ARTIFICIAL FLAVORS (MILK).
CONTAINS: EGG, MILK, SOY, WHEAT.